

## Prayers for Lent

Almighty God,  
whose Son Jesus Christ fasted  
forty days in the wilderness,  
and was tempted as we are,  
yet without sin:  
give us grace to discipline ourselves  
in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son  
our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen

Heavenly Father,  
your Son battled with the  
powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow  
in wisdom and prayer  
that we may witness to your saving  
love in Jesus Christ our Lord.  
Amen

Morning Prayer is said at St Mary's, Saffron Walden at 8.30 am on weekdays, other than Wednesday when it is at 8am, and 9am on Saturdays.

Evening Prayer is said on Tuesdays at 5pm  
Everyone is welcome, either regularly or occasionally.



**40 daily  
reflections  
based on the  
Beatitudes**

Available by email or app from the  
Church of England website or as a book  
from Church House Publishing

[www.churchofengland.org/pilgrim](http://www.churchofengland.org/pilgrim)

## Our Mission: Sharing God's Love

Our Vision Our aim as a church is to:

- worship God with joy and reverence
- tell of God's love in Jesus Christ
- learn about and live our Christian faith
- pray and learn about prayer
- serve God's world through prayer and action
- offer Christ's ministry of wholeness and healing
- encourage all to discover and use their gifts for God
- engage with and nurture children and young people
- welcome everyone warmly and offer generous hospitality
- value and care for each other

In all this, we will use the resources we have - our time, buildings and money - wisely in God's service.



# Observing Lent and Easter 2019

The Parish of Saffron Walden

St Mary's Church, Saffron Walden

St John's Church, Little Walden

St James Church, Swards End

|                                                                                                                                           |                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|
| Team Rector:<br>01799 500947                                                                                                              | Revd. Canon David Tomlinson<br>rector@stmaryssaffronwalden.org    |
| Assistant Curate<br>01799 500047                                                                                                          | Revd. Rachel Prior<br>curate@stmaryssaffronwalden.org             |
| Assistant Curate<br>01799 541619                                                                                                          | Revd. John Saxon<br>debdenwimbishcurate@gmail.com                 |
| Associate Priests:<br>St James<br>Swards End<br>01799 500757                                                                              | Revd. Canon Jenny Tomlinson<br>jtomlinson@chelmsford.anglican.org |
| 01799 542874                                                                                                                              | Revd. Tim Hardingham<br>timhardingham@stmaryssaffronwalden.org    |
| Parish Office<br>Church Path, Saffron Walden, CB10 1JP<br>01799 506024<br>office@stmaryssaffronwalden.org<br>www.stmaryssaffronwalden.org |                                                                   |

Dear Friends,

Since early days Christians have observed Holy Week, Good Friday and Easter Day- the time of our Lord's Passion and Resurrection - with great devotion.

Lent is the season of preparation for this great festival, and is traditionally a season of prayer, study and penitence.

In the death of Jesus, we see the seriousness of sin and the cost of our forgiveness.

Hearing the call to repentance, we renew our commitment to seek to be faithful disciples.

Therefore, I invite you, in the name of the Church, to the observance of a holy Lent. I trust that the opportunities to pray and to learn set out in this leaflet will help you.

David Tomlinson  
Team Rector



## Services in Holy Week

### At St John, Little Walden

Palm Sunday 14<sup>th</sup> April  
11.15am Family Service  
Good Friday 19<sup>th</sup> April  
12noon At the Cross  
Easter Day 21<sup>st</sup> April  
11.15am Holy Communion

### At St James, Sewards End

Palm Sunday 14<sup>th</sup> April  
9.30am Morning Praise  
Good Friday 19<sup>th</sup> April  
12noon Hour at the Cross  
Easter Day 21<sup>st</sup> April  
9.30am Family Communion

## Programme of Events and Activities during Lent

### Churches Together in Saffron Walden

#### 'Women of the Gospel Story...'

#### Series of Talks for Lent

Wednesday evenings 8.00pm-9.00pm  
Refreshments will be served from 7.45 pm.

| Date                   | Speaker/Theme                                                      | Venue                             |
|------------------------|--------------------------------------------------------------------|-----------------------------------|
| March 13 <sup>th</sup> | John Goddard <i>Two excluded women</i>                             | SW Baptist Church, High Street    |
| 20 <sup>th</sup>       | Jonathan Burton <i>Mary Magdalene</i>                              | SW Community Church, Castle St    |
| 27 <sup>th</sup>       | David Clemens <i>Mary, Mother of Jesus</i>                         | Our Lady of Compassion, Castle St |
| April 3 <sup>rd</sup>  | Katrina Thurlow<br><i>The woman caught in adultery</i>             | SW Community Church, Castle St    |
| 10 <sup>th</sup>       | Caroline Vodden <i>Pilgrimage and encountering the love of God</i> | Friends Meeting House             |

### Study Groups

#### Cam Villages Lent Course—Prayer

Thursdays at 7.30pm All Saints, Gt Chesterford  
led by the Saffron Walden & Villages Team clergy  
14<sup>th</sup> March Intercessory Prayer  
21<sup>st</sup> March Celtic Prayer  
28<sup>th</sup> March Lectio Divina  
4<sup>th</sup> April The Jesus Prayer  
11<sup>th</sup> April Praying the Eucharist  
Contact Alex Jeewan 01799 531153

**Ashdon Group** Thursdays at 7.00pm  
28<sup>th</sup> March and 4<sup>th</sup> April at the Manse, Ashdon  
11<sup>th</sup> April at the Vicarage, Ashdon  
18<sup>th</sup> April in All Saints' Church, Ashdon  
Contact Richard Spencer 01799 584171

**Sewards End Group** Lenten reflections  
Fridays 9.30am 15<sup>th</sup> and 29<sup>th</sup> March at St James,  
Sewards End. Contact Judith Hasler  
01799 525041 or judithhasler@btopenworld.com

**Hadstock Group** Book of Ruth  
Tuesdays 2pm 12<sup>th</sup> 19<sup>th</sup> 26<sup>th</sup> March & 2<sup>nd</sup> 9<sup>th</sup> April  
Contact Paula Griffiths 01799 599141 or  
paula.greatford@btinternet.com

## Special Services at St Mary's in Lent and Holy Week

### ASH WEDNESDAY 6<sup>th</sup> March

9.30am Holy Communion with ashes  
8.00pm Choral Eucharist with ashes

### PALM SUNDAY 14<sup>th</sup> April

8.00am Holy Communion (1662)  
10.00am Holy Communion  
with Passion reading  
6.30pm Choral Evensong

### HOLY WEEK

Monday 15<sup>th</sup> April

9.30am Holy Communion  
8.00-8.45pm Biblical Reflection with Compline

Tuesday 16<sup>th</sup>

9.30am Holy Communion  
8.00-8.45pm Biblical Reflection with Compline

Wednesday 17<sup>th</sup>

9.30am Holy Communion  
8.00-8.45pm Biblical Reflection with Compline

### Maundy Thursday 18<sup>th</sup>

9.30am Holy Communion  
8.00pm Choral Eucharist with  
washing of feet

### Good Friday 19<sup>th</sup>

10.30am Procession of Witness  
starting at United Reformed  
Church, Abbey Lane  
12.00-3.00pm At the Cross  
7.30pm Chilcott: St John Passion  
Devotional Offering by the  
Church Choir

### Easter Eve Saturday 20<sup>th</sup> April

7.00pm Admission to Holy Communion  
and Renewal of baptismal vows

### EASTER DAY Sunday 21<sup>st</sup> April

6.00am Holy Communion  
8.00am Holy Communion (1662)  
10.00am Holy Communion  
6.30pm Choral Evensong