

Rector's Letter - Rev'd Jeremy Trew - July 2023

Dear All

When I go away, be it on holiday or retreat or training course, I look for helpful resources I can carry with me. The advent of the iPad has made that a much easier task as it can hold a vast bank of books, video, music, etc, and is great, as long as the battery doesn't expire. So, with Summer arrived and the holiday season on the horizon I've dug out an old prayer resource that is easily portable, doesn't require batteries and even a baby can use. Enjoy.



The "handy" prayer resource:

1. Your thumb is nearest to you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is, as C.S. Lewis once said, a "sweet duty".
2. The next finger is the pointing finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.
3. The next finger is the tallest finger. It reminds us of our leaders. Pray for the leaders of our Country, leaders in business and industry, and administrators that they may make wise decisions. These people shape our nation and guide public opinion. They need God's guidance.
4. The fourth finger is our ring finger. Surprising to many is the fact that this is our weakest finger; as any piano teacher will testify. It should remind us to pray for those who are weak, in trouble or in pain. They need your prayers day and night. You cannot pray too much for them.
5. And lastly comes our little finger; the smallest finger of all. Which is where we should place ourselves in relation to God and others. As the Bible says, "the least shall be the greatest among you." Your pinky should remind you to pray for yourself.

By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively. I hope you find this helpful.

Jeremy

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